

## Tough Team Race Results 2019 - PROVISIONAL RESULTS

### Full Results

Team Position	Team Name	Team Time (Minutes:Seconds)	Category	Name	Running Number	Club	Overall Position	Individual Time (Minutes:Seconds)	Prize
1	No Name 13	58.53	Men	James Mills	187	Wrexham AC	1	58.50	1st Overall
				Daniel Weston	188	Wrexham AC	3	58.53	
				Darren Rolands	189	Wrexham AC	2	58.52	
2	No Name 11	59.18	Men	Mark Crabtree	181	Vale Royal	4	59.17	2nd Overall
				George Thompson	182	Vale Royal	5	59.17	
				Ed Shepherd	183	Vale Royal	6	59.18	
3	No Name 17	60.33	Men	Rob Grantham	202	Pensby	7	60.32	3rd Overall
				Vincent Van Woerkom	203	Unaffiliated	8	60.33	
				James Kimber	204	Ellesmere Port Running Club	9	60.33	
4	No Name 9	61.36	Men	Nathan Williams	175	Vale Royal	10	61.35	Men
				Felix Rusby	176	Wells City	11	61.35	
				Conall McNally	177	Redhill Road Runners	12	61.36	
5	South Cheshire 'A' ces	62.29	Men	David Morris	125	South Cheshire	13	62.28	
				David Phillips	128	South Cheshire	15	62.29	
				Steve Crowe	126	South Cheshire	14	62.28	
6	No Name 12	63.13	Men	Thomas Booth	184	West Cheshire AC	16	63.12	
				Jon Park	185	West Cheshire AC	17	63.12	
				Graham Wells	186	West Cheshire AC	18	63.13	
7	The Royal Harriers	70.55	Mixed	Lee Carrington	74	Vale Royal	23	70.55	Mixed
				Katie Latham	129	South Cheshire Harriers	22	70.55	
				Matt Smith	76	South Cheshire Harriers	24	70.55	
8	No Name 15	71.25	Male Vets	Tim Hargreaves	193	Buckley	27	71.25	Male Vets
				Chris Callaghan	194	Buckley	25	71.24	
				Simon Edwards	195	Buckley	26	71.24	
9	Spice Girls	71.43	Mixed	Jen Adams	20	Buckley Runners	28	71.39	
				Adam Williams	21	Buckley Runners	30	71.43	
				Steve Bellis	19	Buckley Runners	29	71.40	
10	No Name 25	72.46	Mixed	Jessica Clowes	235	Chester Tri	33	72.46	
				Neil Thomas	236	Chester Tri	31	72.45	
				Brad Pollitt	237	Chester Tri	32	72.45	
11	Bitter & Twisted	74.09	Men	Kevin Hall	28	Wallasey AC	37	74.09	
				Gary Goodall	49	Wallasey AC	36	74.09	
				Matt Goodwin	127	Wallasey AC	35	74.08	
12	Spart Attack	74.18	Men	Paul Chrisp	118	Delemere Spartans	40	74.18	
				Francis Edwards	256	Delemere Spartans	39	74.18	
				Tom Eagle	170	Delemere Spartans	38	74.18	
13	Ultimate Trail Stunners	74.38	Ladies	Jo Irvin	5	UTS	42	74.38	Ladies
				Nadine Weeks	4	UTS	41	74.37	
				Liz Mahon	6	UTS	43	74.38	
14	No Name 3	74.56	Men	Ian Jelley	150	Chester Tri Club	45	74.55	
				Steve Spall	152	Chester Tri Club	44	74.55	
				Simon Greenwood	147	Chester Tri Club	46	74.56	
15	No Name 27	75.01	Men	Anthony Spruce	217	West Cheshire AC	34	73.07	
				Mark Spruce	218	Unaffiliated	19	66.16	
				Kyle Cruise	219	Unaffiliated	47	75.01	
16	No Name 26	75.01	Men	Darren Cottier	214	Vale Royal	20	66.37	
				Gareth Williams	215	Vale Royal	21	66.37	
				Eddie Bayley	216	Unaffiliated	48	75.01	
17	Helsby Mixed	75.56	Mixed Vets	David Norman	158	Unknown	50	75.55	Mixed Vets
				Alison Halsall	157	Helsby	49	75.55	
				Jane Ashbrook	154	Helsby	51	75.56	
18	This Ones for Michael	79.22	Men	Nick Clark	30	Styal	53	79.21	
				Tangwyn McCormick	29	Styal	54	79.22	
				Gary Tait	17	Styal	55	79.22	
19	No Name 18	79.43	Male Vets	Peter Mallison	205	South Cheshire Harriers	56	79.42	
				Pat Hudson	206	South Cheshire Harriers	57	79.42	
				Gerard Cramer	207	Unaffiliated	58	79.43	
20	No Name 28	80.01	Male Vets	Stephen Hanlow	196	Dee Striders	60	80.01	
				Chris Rhodes	197	Chester Tri	52	79.17	
				Andy Blair	198	Chester Tri	59	80.01	
21	The '3 must get beers'	80.47	Mixed Vets	Nigel Crompton	38	Pensby	62	80.46	
				Jenny Sanderson	107	Pensby	61	80.46	
				Lee Wendy	105	Pensby	63	80.47	
22	3 Spartans	80.48	Mixed Vets	Sallyann Oneil	77	Deestriders	66	80.48	
				John Peaker	84	Chester Tri Club	65	80.48	
				Sion O'Neil	87	Unknown	64	80.48	
23	Green Goddesses	81.20	Lady Vets	Olive Bigmore	46	NRC	67	81.19	Lady Vets
				Catherine Lawrence	47	NRC	68	81.19	
				Lucy Rosa	48	NRC	69	81.20	
24	The Marvels	81.58	Men	Elaine Opara	31	Wallasey AC	70	81.58	
				Katherine Holley	33	Wallasey AC	71	81.58	
				Rebecca Blacklock	39	Wallasey AC	72	81.58	
25	No Name 10	82.10	Lady Vets	Eleanor Robinson	178	West Cheshire AC	76	82.09	
				Val Ormsby	179	Chester Tri / West Cheshire	73	82.08	
				Joy Hickmen	180	Prestatyn / West Cheshire	77	82.10	
26	Old Eggs with Spartan Legs	82.18	Ladies	Claire Farrell	171	Delemere Spartans	81	82.18	
				Carla Brown	168	Delemere Spartans	78	82.14	
				Becky Wightman	117	Delemere Spartans	80	82.18	
27	Two old gits and Chris	82.44	Men	Richard Hankins	78	Helsby	83	82.43	
				Peter Rodriguez	80	Helsby	82	82.34	
				Chris Lloyd	79	Helsby	85	82.44	
28	A Jones Between Two Thorns	82.45	Mixed Vets	Antony Dala	101	Pensby	86	82.44	
				Karen Jones	102	Pensby	87	82.45	
				Iain Arnison	103	Pensby	84	82.44	
29	No Name 8	82.47	Men	Dave Wootton	122	Buckley Runners	90	82.47	
				Kevin Challinor	124	Buckley Runners	88	82.45	

				Lee Jones	123	Buckley Runners	89	82.47
30	No Name 32	82.52	Male Vets	David Feakes	250	Helsby RC	93	82.52
				Steve Riley	251	Helsby RC	92	82.52
				Nick Ryder	252	Helsby RC	91	82.48
				Simon Young	10	Unaffiliated	94	82.53
31	Simon Says	83.13	Male Vets	Neville Freeman	11	Unaffiliated	95	83.13
				Chris Ward	12	Unaffiliated	96	83.13
				Paul Alexander	60	Pensby	97	83.14
32	Two Whippets and A Yorkie	83.15	Mixed Vets	Tracey Pennington	62	Pensby	99	83.15
				Lynda Bailey	61	Pensby	98	83.14
				Melanie Johnson	139	Vale Royal	101	83.16
33	Vale angels	83.17	Lady Vets	Madeleine Dussab	137	Vale Royal	102	83.17
				Hollie Carrington	135	Vale Royal	100	83.16
				Lucas Pilkington	50	NRC	104	84.04
34	Ran Out of Ideas	84.05	Men	Matthew Del Brocco	52	NRC	103	83.17
				Giles Cobley	51	NRC	105	84.05
				Vicky Kehoe	3	Wallasey AC	108	84.33
35	Wallasey wine drinkers	84.33	Mixed Vets	Peter Barham	2	Wallasey AC	107	84.32
				Ian Cannings	1	Wallasey AC	106	84.05
				Mark Robinson	253	Unaffiliated	109	84.33
36	No Name 33	84.35	Men	Dave Hinde	254	Unaffiliated	110	84.35
				Gavin Butler	255	Unaffiliated	111	84.35
				Matthew Jackson	15	Styal	116	85.01
37	The Styal Council	85.02	Men	Barrie Powers	14	Styal	115	84.56
				Michael McLoughlin	16	Styal	117	85.02
				Chris Davies 2	132	Unknown	121	85.25
38	BCD	85.25	Male Vets	Ryan Dermot	134	Chester Road Runners	120	85.15
				Ben Williams	18	Helsby	122	85.25
				Robb Holson	208	Tattenhall Runners	123	85.26
39	No Name 19	85.57	Mixed	Jessica Holson	209	Unaffiliated	124	85.56
				Mel Barker	210	Tattenhall Runners	125	85.57
				Dave Gough	226	Vale Royal	127	86.24
40	No Name 23	86.24	Mixed Vets	Paul Clutterbuck	227	Vale Royal	112	84.38
				Mary Tavener	228	Vale Royal	126	85.57
				Paul Lewtey	136	Deestridders	129	86.49
41	Not fast just furious	86.50	Men	John Jennings	142	Unknown	130	86.50
				James Rees	138	Deestridders	128	86.24
				Claire Mallon	148	WCAC	135	87.08
42	The Lisbon 3	87.09	Lady Vets	Claire Williams	149	WCAC	136	87.09
				Bree Sutcliffe	151	Wirral AC	134	87.08
				Dan Bruffell	109	Pensby	137	87.09
43	Wake Up and Smell the Coffee	87.10	Male Vets	Chris Davies 1	108	Pensby	131	86.50
				Robert Chalmers	106	Pensby	138	87.10
				Lisa Grantham	229	Pensby	133	87.07
44	No Name 24	87.11	Lady Vets	Julia Dala	230	Pensby	132	87.05
				Lucy Partridge	231	Pensby	139	87.11
				Paul Holmes	7	UTS	140	87.28
45	Two Pint of Ginger and a Packet of Holmes	87.29	Mixed Vets	Andrew Cotgrave	9	UTS	142	87.29
				Ann Griffiths	8	UTS	141	87.28
				Michael Parr	145	NRC	144	88.25
46	The 3 parkrunners	88.26	Mixed	Kevin Main	146	NRC	145	88.26
				Iain Borsbey	144	NRC	143	88.25
				Steve Clarke	244	Wallasey	146	88.47
47	No Name 30	89.00	Male Vets	Dave McAlister	245	Wallasey	148	89.00
				Paul Witt	246	Wallasey	147	88.60
				Tim Palmer	68	Helsby	150	89.03
48	Helsby Men 1	89.04	Male Vets	Geoff Collins	69	Helsby	149	89.03
				Roy Gaskill	27	Helsby	151	89.04
				David Harvey	114	Unaffiliated	118	85.03
49	K.R.C	89.06	Male Vets	Jim Bratts	115	Unaffiliated	119	85.05
				Mark Thomas	116	Unaffiliated	152	89.06
				Christina Roach	13	Helsby	153	89.22
50	Helsby Ladies 2	89.23	Mixed	Steven Wiggins	95	Helsby	155	89.23
				Rebecca Tate	45	Helsby	154	89.22
				Chris Prout	199	Wirral AC	156	89.26
51	No Name 16	89.28	Mixed	Maggie Cooper	200	Wirral AC	157	89.27
				Susie Hale	201	Wirral AC	158	89.28
				Anna Woolgar	153	Chester Tri Club	159	89.46
52	Tri Angels	89.50	Lady Vets	Maxine Brown	155	Unaffiliated	161	89.50
				Rachel Biagini	156	Unaffiliated	160	89.49
				Lee Lumb	247	Tattenhall Runners	75	82.09
53	No Name 31	90.05	Male Vets	Andrew Wolley	248	Unaffiliated	74	82.09
				Ainsley Baker	249	Unaffiliated	162	90.05
				Julian Tegg	220	Unknown	163	90.17
54	No Name 21	90.19	Mixed Vets	Angela Tegg	221	West Cheshire AC	166	90.19
				Darren Shillington	222	West Cheshire AC	165	90.18
				Jo Houghton-Davies	169	Deestridders	167	90.21
55	Johnny Rocket & his Deestridding Birds	90.22	Mixed	Lisa Cooper	167	Deestridders	164	90.17
				John Owen	59	Deestridders	168	90.22
				Helen Stansfield	32	Wallasey AC	171	90.30
56	The Wonders	90.30	Mixed	Zoe Crisp	25	Wallasey AC	170	90.26
				Michele Alty	26	Wallasey AC	169	90.22
				Craig Hodson	90	NRC	113	84.42
57	Athletico Pathetico	90.33	Men	Steven Johnson	93	Unaffiliated	172	90.33
				Alex Mack	91	Unaffiliated	114	84.55
				Susan Reynolds	22	Wallasey AC	174	91.57
58	The Quaver Ravers	91.58	Mixed	Alex Yem	23	Wallasey AC	173	91.44
				Katrin Ryan	24	Wallasey AC	175	91.58
				Christine Cammillare	57	Deestridders	176	91.59
59	The Deestridders Posse	92.06	Mixed	Andrea Waddock-Parr	56	Deestridders	177	92.05
				Stuart Brown	58	Deestridders	178	92.06
				John Kleiser	119	Delemere Spartans	181	92.20

60	No Name 5	92.20	Men	James Lewis	121	Delemere Spartans	180	92.20
				Jon Moorhouse	120	Delemere Spartans	179	92.06
61	Helsby Ladies 3	93.59	Mixed	Vanessa Griffiths	92	Helsby	184	93.58
				usan Woodhouse Moore	71	Helsby	183	93.12
				Jackie Keasley	94	Helsby	185	93.59
62	No Name 34	94.36	Ladies	Carol Williams	232	Unaffiliated	186	93.59
				Alexandra Duncan Price	233	Tattenhall Runners	187	94.35
				Nicki Adamson	234	Unaffiliated	188	94.36
63	No Name 2	95.47	Mixed	Emma Fraser	99	Run Sandymoor	193	95.46
				Nikki Adams	98	Run Sandymoor	194	95.47
				John Reggie Myers	100	Run Sandymoor	192	95.46
64	Sunlight Nutterz	95.51	Lady Vets	Uyai Ilpatt	140	Wirral AC	195	95.48
				Carole Morrison	143	Pensby	196	95.51
				Anastasia Stepashkina	141	Sunlight	191	94.54
65	Special Measures	97.56	Ladies	Helen Measures	110	Pensby	197	95.52
				Emily Astley	70	Pensby	198	97.55
				Samantha Cox	72	Pensby	199	97.56
66	No Name 29	98.54	Mixed	Jason Dwan	241	Buckley	202	98.54
				John Langford	242	Buckley	201	98.53
				Kate Wilde	243	Buckley	200	97.56
67	No Name 22	99.46	Men	Ally Stuart	223	Unaffiliated	203	98.54
				James Jackson	224	Unaffiliated	205	99.46
				Andy Mallon	225	Unaffiliated	204	99.46
68	null	101.21	Lady Vets	Karen Harper	173	Styal	207	101.21
				Kay Shaw	172	Styal	206	99.47
				Caroline Stonier	174	Styal	182	92.21
69	No Name 14	102.29	Ladies	Jane Nicholson	190	Penny Lane Striders	208	101.22
				Jo Bruchez Corbett	191	Penny Lane Striders	210	102.29
				Nichola D'Cruze	192	Penny Lane Striders	209	102.28
70	Pimp My Stride	104.47	Men	Sarah Brown	40	Deestriders	214	104.47
				Wendy Owen	41	Deestriders	213	104.46
				Jenny Lewtey-Jones	166	Deestriders	212	103.07
71	No Name 20	105.47	Men	Peter Smith	211	West Cheshire AC	217	105.47
				Mark Gallagher	212	West Cheshire AC	216	105.46
				Mark Duffy	213	West Cheshire AC	215	104.47
72	(Not) The Speediest Spartans	106.03	Mixed Vets	Sarah Warrington	43	Delemere Spartans	219	106.03
				Sarah Basey	42	Delemere Spartans	218	105.48
				Chris Basey	44	Delemere Spartans	220	106.03
73	No Name 1	107.22	Ladies	Andrea Smith	165	Run Sandymoor	223	107.22
				Alison Scott	164	Run Sandymoor	222	107.21
				Tracy Woods	161	Run Sandymoor	221	106.04
74	No Name 4	107.35	Mixed Vets	Paul Davis	131	Buckley Runners	225	107.35
				Iain Hobson	130	Buckley Runners	224	107.24
				icole Van Den Wittenboe	133	Buckley Runners	226	107.35
75	Two & a Half Women	108.12	Mixed Vets	Sarah Hughes	65	WCAC	229	108.12
				Lorrie McFaul	67	WCAC	227	107.36
				Isabel Robertson	66	WCAC	228	108.11
76	Captains Jan Band	108.22	Mixed Vets	Jan McArd	55	Wallasey AC	234	108.22
				Catherine Curbert	53	Wallasey AC	232	108.18
				Steve Cole	54	Wallasey AC	233	108.21
77	Run Sandymoor Spaghetti	109.20	Mixed Vets	Elaine Riley	83	Run Sandymoor	240	109.19
				Robert Block	163	Run Sandymoor	239	109.04
				Catherine Hankey	64	Run Sandymoor	241	109.20
78	Run Sandymoor	109.20	Mixed	Fiona Diaz-Silcock	160	Run Sandymoor	236	108.30
				Debby Townson	96	Run Sandymoor	235	108.22
				Ian Burows	97	Run Sandymoor	242	109.20
79	Susies Banshees	112.01	Lady Vets	Sally Napthen	111	Chester Tri Club	243	110.09
				Susie Woods	112	Chester Tri Club	244	112.01
				Claire Beswick	113	Unaffiliated	245	112.01
80	No Name 6	113.18	Ladies	Michelle Fox	34	Run Sandymoor	246	112.02
				Lucy Murphy	35	Run Sandymoor	247	113.18
				Jo Wakefield	36	Run Sandymoor	248	113.18
81	Awkward Turtles	113.33	Ladies	Rachel Foster	89	NRC	251	113.33
				Amber Hodson	86	NRC	249	113.19
				Jo Gordon	88	Unknown	250	113.32
82	No Name 7	114.34	Mixed	Darren Booth	81	Run Sandymoor	254	114.34
				Nicky Moran	82	Run Sandymoor	252	113.33
				Julie Edge	85	Run Sandymoor	253	114.34
83	Run Sandymoor Devils	DNF	Men	Chris Jones	162	Run Sandymoor	238	109.04
				Carl Stuart	159	Run Sandymoor		DNF
				Roy Hankey	63	Run Sandymoor	237	108.30
84	Incomplete Team	INCOMPLETE	Mixed	Sandra Ellison	73	Wallasey AC	230	108.13
				Incomplete Team				
				Stuart Foster	75	Unknown	231	108.17
84	Incomplete Team	INCOMPLETE	Mixed	Gary Carson	104	Run Sandymore	190	94.54
				Andrea Tootle	37	Run Sandymoor	189	94.36
				Incomplete Team				
84	Incomplete Team	INCOMPLETE	Ladies	Liz Gale	238	Vale Royal	79	82.17
				Laura Hennahane	239	Penny Lane Striders	211	103.06
				Incomplete Team				

## Tough Team Race Results 2019 - PROVISIONAL RESULTS

### Men

Category Position	Team Name	Team Time (Minutes:Seconds)	Name	Running Number	Club	Overall Position	Individual Time (Minutes:Seconds)	Prize
1	No Name 13	58.5273	James Mills	187	Wrexham AC	1	58.50	1st Overall
			Daniel Weston	188	Wrexham AC	3	58.53	
			Darren Rolands	189	Wrexham AC	2	58.52	
2	No Name 11	59.1754	Mark Crabtree	181	Vale Royal	4	59.17	2nd Overall
			George Thompson	182	Vale Royal	5	59.17	
			Ed Shepherd	183	Vale Royal	6	59.18	
3	No Name 17	60.3313	Rob Grantham	202	Pensby	7	60.32	3rd Overall
			Vincent Van Woerkom	203	Unaffiliated	8	60.33	
			James Kimber	204	smere Port Running C	9	60.33	
4	No Name 9	61.3572	Nathan Williams	175	Vale Royal	10	61.35	Men
			Felix Rusby	176	Wells City	11	61.35	
			Conall McNally	177	Redhill Road Runners	12	61.36	
5	South Cheshire 'A' ces	62.2864	David Morris	125	South Cheshire	13	62.28	
			David Phillips	128	South Cheshire	15	62.29	
			Steve Crowe	126	South Cheshire	14	62.28	
6	No Name 12	63.1252	Thomas Booth	184	West Cheshire AC	16	63.12	
			Jon Park	185	West Cheshire AC	17	63.12	
			Graham Wells	186	West Cheshire AC	18	63.13	
7	Bitter & Twisted	74.0894	Kevin Hall	28	Wallasey AC	37	74.09	
			Gary Goodall	49	Wallasey AC	36	74.09	
			Matt Goodwin	127	Wallasey AC	35	74.08	
8	Spart Attack	74.1848	Paul Chrisp	118	Delemere Spartans	40	74.18	
			Francis Edwards	256	Delemere Spartans	39	74.18	
			Tom Eagle	170	Delemere Spartans	38	74.18	
9	No Name 3	74.5585	Ian Jelley	150	Chester Tri Club	45	74.55	
			Steve Spall	152	Chester Tri Club	44	74.55	
			Simon Greenwood	147	Chester Tri Club	46	74.56	
10	No Name 27	75.0076	Anthony Spruce	217	West Cheshire AC	34	73.07	
			Mark Spruce	218	Unaffiliated	19	66.16	
			Kyle Cruise	219	Unaffiliated	47	75.01	
11	No Name 26	75.01	Darren Cottier	214	Vale Royal	20	66.37	
			Gareth Williams	215	Vale Royal	21	66.37	
			Eddie Bayley	216	Unaffiliated	48	75.01	
12	This Ones for Michael	79.2207	Nick Clark	30	Styal	53	79.21	
			Tangwyn McCormick	29	Styal	54	79.22	
			Gary Tait	17	Styal	55	79.22	
13	The Marvels	81.5841	Elaine Opara	31	Wallasey AC	70	81.58	
			Katherine Holley	33	Wallasey AC	71	81.58	
			Rebecca Blacklock	39	Wallasey AC	72	81.58	
14	Two old gits and Chris	82.4403	Richard Hankins	78	Helsby	83	82.43	
			Peter Rodriguez	80	Helsby	82	82.34	
			Chris Lloyd	79	Helsby	85	82.44	
15	No Name 8	82.4718	Dave Wooton	122	Buckley Runners	90	82.47	
			Kevin Challinor	124	Buckley Runners	88	82.45	
			Lee Jones	123	Buckley Runners	89	82.47	
16	Ran Out of Ideas	84.047	Lucas Pilkington	50	NRC	104	84.04	
			Matthew Del Brocco	52	NRC	103	83.17	
			Giles Cobley	51	NRC	105	84.05	
17	No Name 33	84.3544	Mark Robinson	253	Unaffiliated	109	84.33	
			Dave Hinde	254	Unaffiliated	110	84.35	
			Gavin Butler	255	Unaffiliated	111	84.35	
18	The Styal Council	85.0207	Matthew Jackson	15	Styal	116	85.01	
			Barrie Powers	14	Styal	115	84.56	
			Michael McLoughlin	16	Styal	117	85.02	
19	Not fast just furious	86.4976	Paul Lewtey	136	Deestridders	129	86.49	
			John Jennings	142	Unknown	130	86.50	
			James Rees	138	Deestridders	128	86.24	
20	Athletico Pathetico	90.3316	Craig Hodson	90	NRC	113	84.42	
			Steven Johnson	93	Unaffiliated	172	90.33	
			Alex Mack	91	Unaffiliated	114	84.55	
21	No Name 5	92.2003	John Kleiser	119	Delemere Spartans	181	92.20	
			James Lewis	121	Delemere Spartans	180	92.20	
			Jon Moorhouse	120	Delemere Spartans	179	92.06	
22	No Name 22	99.462	Ally Stuart	223	Unaffiliated	203	98.54	
			James Jackson	224	Unaffiliated	205	99.46	
			Andy Mallon	225	Unaffiliated	204	99.46	
23	Pimp My Stride	104.469	Sarah Brown	40	Deestridders	214	104.47	
			Wendy Owen	41	Deestridders	213	104.46	
			Jenny Lewtey-Jones	166	Deestridders	212	103.07	
24	No Name 20	105.4707	Peter Smith	211	West Cheshire AC	217	105.47	
			Mark Gallagher	212	West Cheshire AC	216	105.46	
			Mark Duffy	213	West Cheshire AC	215	104.47	
25	Run Sandymoor Devils	DNF	Chris Jones	162	Run Sandymoor	238	109.04	
			Carl Stuart	159	Run Sandymoor	255	DNF	
			Roy Hankey	63	Run Sandymoor	237	108.30	

## Tough Team Race Results 2019 - PROVISIONAL RESULTS

### Ladies

Category Position	Team Name	Team Time (Minutes.Seconds)	Name	Running Number	Club	Overall Position	Individual Time (Minutes.Seconds)	Prize
1	Ultimate Trail Stunners	74.3788	Jo Irvin	5	UTS	42	74.38	Ladies
			Nadine Weeks	4	UTS	41	74.37	
			Liz Mahon	6	UTS	43	74.38	
2	Old Eggs with Spartan Legs	82.182	Claire Farrell	171	Delemere Spartans	81	82.18	
			Carla Brown	168	Delemere Spartans	78	82.14	
			Becky Wightman	117	Delemere Spartans	80	82.18	
3	No Name 34	94.3585	Carol Williams	232	Unaffiliated	186	93.59	
			Alexandra Duncan Price	233	Tattenhall Runners	187	94.35	
			Nicki Adamson	234	Unaffiliated	188	94.36	
4	Special Measures	97.5553	Helen Measures	110	Pensby	197	95.52	
			Emily Astley	70	Pensby	198	97.55	
			Samantha Cox	72	Pensby	199	97.56	
5	No Name 14	102.2857	Jane Nicholson	190	Penny Lane Striders	208	101.22	
			Jo Bruchez Corbett	191	Penny Lane Striders	210	102.29	
			Nichola D'Cruze	192	Penny Lane Striders	209	102.28	
6	No Name 1	107.2189	Andrea Smith	165	Run Sandymoor	223	107.22	
			Alison Scott	164	Run Sandymoor	222	107.21	
			Tracy Woods	161	Run Sandymoor	221	106.04	
7	No Name 6	113.1848	Michelle Fox	34	Run Sandymoor	246	112.02	
			Lucy Murphy	35	Run Sandymoor	247	113.18	
			Jo Wakefield	36	Run Sandymoor	248	113.18	
8	Awkward Turtles	113.3286	Rachel Foster	89	NRC	251	113.33	
			Amber Hodson	86	NRC	249	113.19	
			Jo Gordon	88	Unknown	250	113.32	
9	Incomplete Team	INCOMPLETE	Liz Gale	238	Vale Royal	79	82.17	
			Laura Hennahane	239	Penny Lane Striders	211	103.06	
			Incomplete Team	499	0	258	INCOMPLETE	

## Tough Team Race Results 2019 - PROVISIONAL RESULTS

### Mixed

Category Position	Team Name	Team Time (Minutes:Seconds)	Name	Running Number	Club	Overall Position	Individual Time (Minutes:Seconds)	Prize
1	The Royal Harriers	70.552	Lee Carrington	74	Vale Royal	23	70.55	Mixed
			Katie Latham	129	South Cheshire Harriers	22	70.55	
			Matt Smith	76	South Cheshire Harriers	24	70.55	
2	Spice Girls	71.4273	Jen Adams	20	Buckley Runners	28	71.39	
			Adam Williams	21	Buckley Runners	30	71.43	
			Steve Bellis	19	Buckley Runners	29	71.40	
3	No Name 25	72.4573	Jessica Clowes	235	Chester Tri	33	72.46	
			Neil Thomas	236	Chester Tri	31	72.45	
			Brad Pollitt	237	Chester Tri	32	72.45	
4	No Name 19	85.5654	Robb Holson	208	Tattenhall Runners	123	85.26	
			Jessica Holson	209	Unaffiliated	124	85.56	
			Mel Barker	210	Tattenhall Runners	125	85.57	
5	The 3 parkrunners	88.2564	Michael Parr	145	NRC	144	88.25	
			Kevin Main	146	NRC	145	88.26	
			Iain Borsbey	144	NRC	143	88.25	
6	Helsby Ladies 2	89.227	Christina Roach	13	Helsby	153	89.22	
			Steven Wiggins	95	Helsby	155	89.23	
			Rebecca Tate	45	Helsby	154	89.22	
7	No Name 16	89.2846	Chris Prout	199	Wirral AC	156	89.26	
			Maggie Cooper	200	Wirral AC	157	89.27	
			Susie Hale	201	Wirral AC	158	89.28	
8	Jonny Rocket & his Deestridding Bi	90.216	Jo Houghton-Davies	169	Deestridders	167	90.21	
			Lisa Cooper	167	Deestridders	164	90.17	
			John Owen	59	Deestridders	168	90.22	
9	The Wonders	90.302	Helen Stansfield	32	Wallasey AC	171	90.30	
			Zoe Crisp	25	Wallasey AC	170	90.26	
			Michele Alty	26	Wallasey AC	169	90.22	
10	The Quaver Ravers	91.575	Susan Reynolds	22	Wallasey AC	174	91.57	
			Alex Yem	23	Wallasey AC	173	91.44	
			Katrin Ryan	24	Wallasey AC	175	91.58	
11	The Deestridders Posse	92.057	Christine Cammillare	57	Deestridders	176	91.59	
			Andrea Waddock-Parr	56	Deestridders	177	92.05	
			Stuart Brown	58	Deestridders	178	92.06	
12	Helsby Ladies 3	93.5877	Vanessa Griffiths	92	Helsby	184	93.58	
			Jan Woodhouse Moor	71	Helsby	183	93.12	
			Jackie Keasley	94	Helsby	185	93.59	
13	No Name 2	95.4704	Emma Fraser	99	Run Sandymoor	193	95.46	
			Nikki Adams	98	Run Sandymoor	194	95.47	
			John Reggie Myers	100	Run Sandymoor	192	95.46	
14	No Name 29	98.5381	Jason Dwan	241	Buckley	202	98.54	
			John Langford	242	Buckley	201	98.53	
			Kate Wilde	243	Buckley	200	97.56	
15	Run Sandymoor	109.201	Fiona Diaz-Silcock	160	Run Sandymoor	236	108.30	
			Debby Townson	96	Run Sandymoor	235	108.22	
			Ian Burrows	97	Run Sandymoor	242	109.20	
16	No Name 7	114.3429	Darren Booth	81	Run Sandymoor	254	114.34	
			Nicky Moran	82	Run Sandymoor	252	113.33	
			Julie Edge	85	Run Sandymoor	253	114.34	

## Tough Team Race Results 2019 - PROVISIONAL RESULTS

### Male Vets

Category Position	Team Name	Team Time (Minutes.Seconds)	Name	Running Number	Club	Overall Position	Individual Time (Minutes.Seconds)	Prize
1	No Name 15	71.2486	Tim Hargreaves	193	Buckley	27	71.25	Male Vets
			Chris Callaghan	194	Buckley	25	71.24	
			Simon Edwards	195	Buckley	26	71.24	
2	No Name 18	79.427	Peter Mallison	205	South Cheshire Harriers	56	79.42	
			Pat Hudson	206	South Cheshire Harriers	57	79.42	
			Gerard Cramer	207	Unaffiliated	58	79.43	
3	No Name 28	80.0092	Stephen Hanlow	196	Dee Striders	60	80.01	
			Chris Rhodes	197	Chester Tri	52	79.17	
			Andy Blair	198	Chester Tri	59	80.01	
4	No Name 32	82.522	David Feakes	250	Helsby RC	93	82.52	
			Steve Riley	251	Helsby RC	92	82.52	
			Nick Ryder	252	Helsby RC	91	82.48	
5	Simon Says	83.1339	Simon Young	10	Unaffiliated	94	82.53	
			Neville Freeman	11	Unaffiliated	95	83.13	
			Chris Ward	12	Unaffiliated	96	83.13	
6	BCD	85.254	Chris Davies 2	132	Unknown	121	85.25	
			Ryan Dermot	134	Chester Road Runners	120	85.15	
			Ben Williams	18	Helsby	122	85.25	
7	Wake Up and Smell the Coffee	87.1029	Dan Bruffell	109	Pensby	137	87.09	
			Chris Davies 1	108	Pensby	131	86.50	
			Robert Chalmers	106	Pensby	138	87.10	
8	No Name 30	89.0013	Steve Clarke	244	Wallasey	146	88.47	
			Dave McAlister	245	Wallasey	148	89.00	
			Paul Witt	246	Wallasey	147	88.60	
9	Helsby Men 1	89.0362	Tim Palmer	68	Helsby	150	89.03	
			Geoff Collins	69	Helsby	149	89.03	
			Roy Gaskill	27	Helsby	151	89.04	
10	K.R.C	89.0579	David Harvey	114	Unaffiliated	118	85.03	
			Jim Bratts	115	Unaffiliated	119	85.05	
			Mark Thomas	116	Unaffiliated	152	89.06	
11	No Name 31	90.0539	Lee Lumb	247	Tattenhall Runners	75	82.09	
			Andrew Wolley	248	Unaffiliated	74	82.09	
			Ainsley Baker	249	Unaffiliated	162	90.05	

## Tough Team Race Results 2019 - PROVISIONAL RESULTS

### Lady Vets

Category Position	Team Name	Team Time (Minutes.Seconds)	Name	Running Number	Club	Overall Position	Individual Time (Minutes.Seconds)	Prize
1	Green Goddesses	81.1982	Olive Bigmore	46	NRC	67	81.19	Lady Vets
			Catherine Lawrence	47	NRC	68	81.19	
			Lucy Rosa	48	NRC	69	81.20	
2	No Name 10	82.099	Eleanor Robinson	178	West Cheshire AC	76	82.09	
			Val Ormsby	179	Chester Tri / West Cheshire	73	82.08	
			Joy Hickmen	180	Prestatyn / West Cheshire	77	82.10	
3	Vale angels	83.1681	Melanie Johnson	139	Vale Royal	101	83.16	
			Madeleine Dussab	137	Vale Royal	102	83.17	
			Hollie Carrington	135	Vale Royal	100	83.16	
4	The Lisbon 3	87.0888	Claire Mallon	148	WCAC	135	87.08	
			Claire Williams	149	WCAC	136	87.09	
			Bree Sutcliffe	151	Wirral AC	134	87.08	
5	No Name 24	87.1078	Lisa Grantham	229	Pensby	133	87.07	
			Julia Dala	230	Pensby	132	87.05	
			Lucy Partridge	231	Pensby	139	87.11	
6	Tri Angels	89.4971	Anna Woolgar	153	Chester Tri Club	159	89.46	
			Maxine Brown	155	Unaffiliated	161	89.50	
			Rachel Biagini	156	Unaffiliated	160	89.49	
7	Sunlight Nutterz	95.5149	Uyai Ilpatt	140	Wirral AC	195	95.48	
			Carole Morrison	143	Pensby	196	95.51	
			Anastasia Stepashkina	141	Sunlight	191	94.54	
8	null	101.2133	Karen Harper	173	Styal	207	101.21	
			Kay Shaw	172	Styal	206	99.47	
			Caroline Stonier	174	Styal	182	92.21	
9	Susies Banshees	112.0149	Sally Napthen	111	Chester Tri Club	243	110.09	
			Susie Woods	112	Chester Tri Club	244	112.01	
			Claire Beswick	113	Unaffiliated	245	112.01	



## Tough Team Race Results 2019 - PROVISIONAL RESULTS

### Mixed Vets

Category Position	Team Name	Team Time (Minutes.Seconds)	Name	Running Number	Club	Overall Position	Individual Time (Minutes.Seconds)	Prize
1	Helsby Mixed	75.5554	David Norman	158	Unknown	50	75.55	Mixed Vets
			Alison Halsall	157	Helsby	49	75.55	
			Jane Ashbrook	154	Helsby	51	75.56	
2	The '3 must get beers'	80.467	Nigel Crompton	38	Pensby	62	80.46	
			Jenny Sanderson	107	Pensby	61	80.46	
			Lee Wendy	105	Pensby	63	80.47	
3	3 Spartans	80.481	Sallyann Oneil	77	Deestridders	66	80.48	
			John Peaker	84	Chester Tri Club	65	80.48	
			Sion O'Neil	87	Unknown	64	80.48	
4	A Jones Between Two Thorns	82.4483	Antony Dala	101	Pensby	86	82.44	
			Karen Jones	102	Pensby	87	82.45	
			Iain Arnison	103	Pensby	84	82.44	
5	Two Whippets and A Yorkie	83.1532	Paul Alexander	60	Pensby	97	83.14	
			Tracey Pennington	62	Pensby	99	83.15	
			Lynda Bailey	61	Pensby	98	83.14	
6	Wallasey wine drinkers	84.3282	Vicky Kehoe	3	Wallasey AC	108	84.33	
			Peter Barham	2	Wallasey AC	107	84.32	
			Ian Cannings	1	Wallasey AC	106	84.05	
7	No Name 23	86.2386	Dave Gough	226	Vale Royal	127	86.24	
			Paul Clutterbuck	227	Vale Royal	112	84.38	
			Mary Tavener	228	Vale Royal	126	85.57	
8	Pint of Ginger and a Packet of H	87.2877	Paul Holmes	7	UTS	140	87.28	
			Andrew Cotgrave	9	UTS	142	87.29	
			Ann Griffiths	8	UTS	141	87.28	
9	No Name 21	90.1899	Julian Tegg	220	Unknown	163	90.17	
			Angela Tegg	221	West Cheshire AC	166	90.19	
			Darren Shillington	222	West Cheshire AC	165	90.18	
10	(Not) The Speediest Spartans	106.0338	Sarah Warrington	43	Delemere Spartans	219	106.03	
			Sarah Basey	42	Delemere Spartans	218	105.48	
			Chris Basey	44	Delemere Spartans	220	106.03	
11	No Name 4	107.3523	Paul Davis	131	Buckley Runners	225	107.35	
			Iain Hobson	130	Buckley Runners	224	107.24	
			cole Van Den Wittenbo	133	Buckley Runners	226	107.35	
12	Two & a Half Women	108.1201	Sarah Hughes	65	WCAC	229	108.12	
			Lorrie McFaul	67	WCAC	227	107.36	
			Isabel Robertson	66	WCAC	228	108.11	
13	Captains Jan Band	108.2163	Jan McArd	55	Wallasey AC	234	108.22	
			Catherine Curbert	53	Wallasey AC	232	108.18	
			Steve Cole	54	Wallasey AC	233	108.21	
14	Run Sandymoor Spaghetti	109.1961	Elaine Riley	83	Run Sandymoor	240	109.19	
			Robert Block	163	Run Sandymoor	239	109.04	
			Catherine Hankey	64	Run Sandymoor	241	109.20	

## Tough Team Race Results 2019 - PROVISIONAL RESULTS

### Prize Summary

Prize		Team Name	Team Time (Minutes.Seconds)	Overall Team Position	Name	Running Number	Club	Overall Position	Individual Time (Minutes.Seconds)
1st Overall	Men	No Name 13	58.53	1	James Mills	187	Wrexham AC	1	58.50
					Daniel Weston	188	Wrexham AC	3	58.53
					Darren Rolands	189	Wrexham AC	2	58.52
2nd Overall	Men	No Name 11	59.18	2	Mark Crabtree	181	Vale Royal	4	59.17
					George Thompson	182	Vale Royal	5	59.17
					Ed Shepherd	183	Vale Royal	6	59.18
3rd Overall	Men	No Name 17	60.33	3	Rob Grantham	202	Pensby	7	60.32
					Vincent Van Woerkom	203	Unaffiliated	8	60.33
					James Kimber	204	smere Port Running C	9	60.33
Men	No Name 9	61.36	4	Nathan Williams	175	Vale Royal	10	61.35	
				Felix Rusby	176	Wells City	11	61.35	
				Conall McNally	177	Redhill Road Runners	12	61.36	
Ladies	Ultimate Trail Stunners	74.38	13	Jo Irvin	5	UTS	42	74.38	
				Nadine Weeks	4	UTS	41	74.37	
				Liz Mahon	6	UTS	43	74.38	
Mixed	The Royal Harriers	70.55	7	Lee Carrington	74	Vale Royal	23	70.55	
				Katie Latham	129	outh Cheshire Harrier	22	70.55	
				Matt Smith	76	outh Cheshire Harrier	24	70.55	
Male Vets	No Name 15	71.25	8	Tim Hargreaves	193	Buckley	27	71.25	
				Chris Callaghan	194	Buckley	25	71.24	
				Simon Edwards	195	Buckley	26	71.24	
Lady Vets	Green Goddesses	81.20	23	Olive Bigmore	46	NRC	67	81.19	
				Catherine Lawrence	47	NRC	68	81.19	
				Lucy Rosa	48	NRC	69	81.20	
Mixed Vets	Helsby Mixed	75.56	17	David Norman	158	Unknown	50	75.55	
				Alison Halsall	157	Helsby	49	75.55	
				Jane Ashbrook	154	Helsby	51	75.56	